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| **Logo, company name  Description automatically generatedCommunity Table Dining Program** | March 2023 |

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  | 1  Cucumber Salad  Swedish Meatballs over egg noodles.  Corn on the Cob  Pears | 2  Garden Salad  Baked Ziti  Garlic Bread  Winter Mix Vegetables  Banana | 3  Carrot Raisin Salad  Seasoned Grilled Chicken Breast  Brown Rice  Dinner Roll/ Apricots |
| 6  Stuffed Shells w/ Marinara and parmesan  Steamed Spinach  Garlic Bread  Fresh Fruit | 7  Pea and Cheese Salad  Grilled Turkey and Cheddar on Flat Bread  Chips  Pineapple | 8  Coleslaw  Fish and Chips w/ ketchup and tartar  Corn Muffin  Peaches | 9  Caesar Salad  Meatball Sub w/parmesan cheese  Potato Wedges  Fresh Fruit | 10  Country Fried Steak w/ Garlic Roasted Potatoes  Green Beans  Dinner Roll  Pears |
| 13  Coleslaw  Salmon Burger w/ Lettuce and Tomato  French Fries  Fresh Fruit | 14  Sausage Egg and Cheese Biscuit Hashbrown Fresh Fruit Yogurt | 15  Tossed Salad  Spaghetti w/ Meat Sauce  Garden Vegetables  Garlic Bread  Pears | 16  **Lunch Provided by: Brookdale** | **St. Patrick's Day Lunch** 17  Corned Beef and Cabbage  Red Potatoes  Carrots  Rye Bread  Apple Duff |
| Welcome Spring 20  Crispy Chicken Sandwich w/ Lettuce and Tomato  French Fries  Fresh Fruit  Cookie | 21  **Lunch Provided by: Morning Star** | 22  Taco Salad w/beef, cheese, sour cream, lettuce, salsa, and chips  Refried Beans  Mandarin Oranges | 23  Lentil Soup  Egg Salad Sandwich w/ Lettuce and Tomatoes  Tater Tots  Fresh Fruit | 24  Oven Roasted Chicken Legs  Homemade Mac & Cheese  Succotash  Applesauce  Dinner Roll |
| 27  Parmesan Spinach Salad  Chicken Alfredo on Penne  Garlic Bread  Broccoli  Mandarin Oranges | 28  Split Pea Soup  Ham and Swiss Sub  Chips  Cookie  Fresh Fruit | 29  Coleslaw  BBQ Pulled Chicken  French Fries  Banana | 30  Broccoli Salad  Turkey Cranberry Wrap  Chips  Cookie  Fresh Fruit | 31  Broccoli Salad  Turkey Cranberry Wrap  Chips  Cookie Fresh Fruit |
| 1% milk, roll or bread, and fortified margarine are available with all meals.  *All fresh produce is subject to availability. Substitutions may be made without notice.* | | | | |