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| **Logo, company name  Description automatically generatedCommunity Table Dining Program** | January 2023 |

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| Monday | Tuesday | Wednesday | Thursday | Friday |
| 2  Holiday Closure  Happy New Year | 3  Cheese Ravioli w/ Marinara and Parmesan  Brussel Sprouts  Garlic Bread  Peaches | 4  Baked Pork Chop  Stuffing  Mashed Potatoes w/Gravy  Peas  Fresh Fruit | 5  Vegetable Soup  Chicken Salad on Croissant w/ Lettuce and Tomato  Pineapple | 6  Coleslaw  Fish and Chips w/ tartar and ketchup  Corn Muffin  Pears |
| 9  Black Bean Soup  Cheese Quesadilla w/salsa and sour cream  Corn  Tropical Fruit | 10  Tuna Melt Sun Chips Cookie Fresh Fruit | 11  Red Beans and Rice Bowl w/ Beef Sausage, Red Beans, Pepper and Onions and Rice.  Dinner Roll  Peaches | 12  Pea and Cheese Salad  Grilled Chicken Sandwich w/ Lettuce and Tomato  Sweet Potato Fries  Mandarin Oranges | 13  Salisbury Steak  Mashed Potatoes  Green Beans  Fresh Fruit  Dinner Roll |
| 16  Holiday Closure  MLK Jr Day | 17  Lunch Provided by Morning Star | 18  Chicken Pot Pie w/ biscuit top  Steamed Broccoli  Fresh Fruit | 19  Garden Salad  Dijon Chicken  Orzo  Peas  Dinner Roll  Pineapple | 20  Coleslaw  BBQ Pulled Pork Sandwich  Potato Wedges  Fresh Fruit |
| 23  Sesame Ginger Slaw  Peanut Chicken Skewers  Sesame Noodles  Stir Fry Vegetables  Pears | 24  Yogurt Cup  Spanish Omelet  Roasted Potatoes  Muffin  Fruit Cup | 25  Broccoli Salad  Roast Beef and Swiss Cheese on Kaiser Roll  Potato Wedges  Fresh Fruit | 26  Garden Salad  Chicken Alfredo  Steamed Broccoli  Breadstick  Peaches | 27  Garden Salad  Meatloaf  Baked Potato  Steamed Carrots  Tropical Fruit |
| 30  Fiesta Salad  Beef Soft Taco w/ shredded lettuce, cheddar cheese, salsa and sour cream  Spanish Rice  Mandarin Oranges | 31  Lemon Pepper Fish  Wild Rice Pilaf  Green Peas  Peaches  Dinner Roll |  |  |  |
| 1% milk, roll or bread, and fortified margarine are available with all meals.  *All fresh produce is subject to availability. Substitutions may be made without notice.* | | | | |

Suggested meal donation for eligible persons is $4.00.  For non-eligible persons, cost is $8.00 per meal